



Rooted in Christ

**COLOSSIANS**

*Col 2:16 - 3:4*

# Asceticism or self denial?

Asceticism	Self denial (Jesus style)
The body is evil, needing to be suppressed	The body is good, but needing control
My body must be submitted to my will	My life must be submitted to God's will
Involves obeying man-made rules	Involves obeying God's commands
Stems from the flesh & often leads to sin	Stems from the HS & is means to Godliness



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*Col 2:16 - 3:3*

## 2 Peter 1: 3-4

His divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. Through these he has given us his very great and precious promises, so that through them you may participate in the divine nature, having escaped the corruption in this world caused by evil desires.