

Life Transformation Groups (LTGs)



LTGs are opportunities for **God to transform** us into
the likeness of Jesus ...

(Romans 12 : 1-2)

... **through close relationships** with each other,
characterised by humility, honesty, mutual support
and accountability

(Ephesians 4 : 1-2, James 5 : 16, Matthew 28 : 18 – 20,
Philemon 6, 1 Thess 5 : 11, Hebrews 10 : 24)



LTGs are opportunities to put into practice “one another” scriptures ...

- Ephesians 4 : 1-2 (humble, gentle, patient, bear with one another)
- James 5 : 16 (confess our sins to one another & pray for each other)
- Matthew 28 : 18 - 20 (teach one another to obey Jesus' commands)
- Philemon 6 (share our faith = partner in the faith with one another)
- 1 Thess 5 : 11 (encourage and build one another up)
- Hebrews 10 : 24 (spur one another on to love and good deeds)
- Proverbs 27 : 17 (sharpen one another)



Three main activities in an LTG

- **Confession of sin** with an attitude of mutual accountability
(James 5 : 16)
- **Studying the Bible** together, to help us grow in our knowledge of God and in our relationship with Him (Luke 8 : 11 – 15)
- **Praying** together, including for specific people who need God
(Luke 19 : 10, John 20 : 21)



Modus operandi of LTGs

- Ideally three people per LTG, gender specific
- Meet once a week for an hour to an hour and a half
- No leader but share responsibility to co-ordinate
- Confess sin and agree to be mutually accountable
- Agree on a Bible reading project
 - don't get ahead of anyone
 - discuss what you are learning
- Or share quiet times – what you are learning and applying
- Share prayer requests and pray during the week
 - names of non-Christians on your heart
 - other prayer needs
- Non-Christian friends can also be involved
- If a group grows to 4, best to split into two groups



Modus operandi of LTGs (cont)

Ask specific questions of each other to stimulate conversations of character and confession of sin :

- Have you been a good role model of the life in Christ this week ?
- Have you been exposed to sexually alluring material or entertained impure thoughts this week ?
- Have you resisted worldly thinking and behaviour this week ?
- Have you been a good steward of your finances this week ?
- Have you been generous in your relationships this week ?
- Have you given in to any addictive behaviour this week ?
- Have you remained angry towards anyone this week ?
- Did you complete our agreed Bible reading this week ?
- **Have you been completely honest with us ?**

