



Aspen Marathon, 4 December 2010

Finish the race

Spiritual lessons from a marathon

Acts 20 : 20-24

- Lesson # 1 : Be disciplined and willing to sacrifice (1 Cor 9 : 24-27)
- Lesson # 2 : Do it with a buddy (Hebrews 10 : 23-25)
- Lesson # 3 : Take regular nutrition (John 6 : 32-35)
- Lesson # 4 : Expect difficulties (James 1 :2-4)
- Lesson # 5 : Don't get distracted (Gal 5 : 7-9, Hebrews 12 : 1-3)
- Lesson # 6 : Look beyond the finish line (Philippians 3 : 10-14)

2 Timothy 4 : 7